

JANUARY 2019

THE NEW

RTCA

RESEARCH TRIANGLE CHARTER ACADEMY

New Day. New Way. New Results.



TEACHERS WHO

love teaching

TEACH CHILDREN

to love learning.

Closings? Delays?

With weather being as unpredictable as it is and situations sometimes arising that may cause us unexpected closings or delays, RTCA wants to make sure parents are informed of any closings or delays as quickly and easily as possible. By signing up for School Messenger, you will no longer have to wait for a phone call. Just add your email and cell phone number and we can send a text or email.

So, you might ask, "The system already calls me. Do I have to provide my information again?" The short answer is no. But if you want to make sure you receive a text message, you should submit your cell phone number so we will know it's a cell. Sometimes people use their cell as their main number, and it isn't designated as a cell in the system. We are hoping for the best but planning for the worst, so please sign up today before Mother Nature decides it's time for snow!

When It's Urgent and We Need to Reach You

We have a new parent notification system called **SchoolMessenger**. This is what Principal Muhammad has been using all school year to send emails and text messages to parents. **To receive text messages from us:**

1. Check the parent portal on the school website and contact the school office to make sure we have your correct cell phone number.
2. Then text **YES** from your cell phone to 68453. **YOU'LL RECEIVE A VERIFICATION MESSAGE.**

It's that simple. With possible closings and delays due to weather upcoming, we encourage you to sign up!

**RTCA Administrative Team
Here to serve you and your family!**
Wayne Muhammad, Principal
Erin Huckel, K-2/Specials
Wintre Shaw, 3-5/SPED
Jamila Bowser, 6-8/Title I
JacQuetta Williams, Social Worker
Tyishia Edwards, Office Administrator
Shannon Tabron, Registrar

HAPPY FEBRUARY!!

Promoting Good Health Through Our Wellness Policy

The National School Lunch Act requires all schools participating in the National School Lunch Program and/or School Breakfast Program establish a Wellness Policy and general requirements for the development, implementation and dissemination and assessment of the policy. This policy is in place as part of our School Improvement Plan. Below are our wellness policy goals:

1. Nutritional information for every food item can be found on the Food Service website. The website link shall be included on schools' menus and school website. The website link is: <http://preferredmealsmenu.com/> Download "Smart Snacks In School" poster from the Center for Disease Control's (CDC) website at: <http://www.cdc.gov/healthyouth/nutrition/standards.htm>
2. Each classroom teacher must promote one youth physical activity from the CDC's "Be Active and Play 60 Minutes Every Day!" Youth Physical Activity Toolkit which can be found at: http://www.cdc.gov/healthyouth/physicalactivity/toolkit/userguide_pa.pdf
3. The Wellness Committee member shall write an article in the school newsletter on the Wellness Policy goals. The school will send the "Be Active Your Way" guide home to all parents. Guide is located at: <http://www.health.gov/paguidelines/pdf/adultguide.pdf>
4. Professional training of Food Service staff will be conducted annually.
5. Conduct a healthy food day by asking parents to provide a fruit, veggie, or healthy snack for their child.
6. Feedback on the Wellness Policy and goals will be solicited from parents and staff through a SIP survey.

For more information on our Wellness Policy contact our Wellness Committee Chair at 40.lmarsh@nhaschools.com.

Upcoming Dates to Remember 😊

ESL ACCESS Testing February 1- March 1, 2019

Feb 12th 100th Day Celebrations
Feb 13th Early Release Day
Feb 18th President's Day -NO SCHOOL
Feb 22th Black History Talent Show
March 1 \$5 Dress Down Day
March 11-15—Spring Book Fair
March 13 Early Release Day

**March 25-29
Spring Break**

Congratulations!!!

To all of our Award winners at our Quarter 2 Honors Assemblies! Several students were recognized for their adherence to our Moral Focus virtues and their superior academic performance evidenced by making the Honor Roll. We are happy and proud to recognize all of our EAGLE Scholars!

Contact Us!

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M-F: 7:45AM-4:00PM

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