AUGUST





KNAPP CHARTER ACADEMY

LNJ2 - Lunch K-8

31, 2018 August 1,	, 2018 August 2, 201	8 August 3, 2018
1		
st 7, 2018 August 8,	, 2018 August 9, 201	8 August 10, 2018
	*	
st 14, 2018 August 15	5, 2018 August 16, 201	18 August 17, 2018
st 21, 2018 August 22	2, 2018 August 23, 20	18 August 24, 2018
	4	
st 28, 2018 August 29	9, 2018 August 30, 20 ^o	18 August 31, 2018
MBURGER Marinara Dippi	ing Sauce Hamburger Bun	LET NO SCHOOL
e Kernel Corn Diced Pea ed Fruit Cup Choice of	aches Ketchup Milk Applesauce Cup	
Ketchup pice of Milk	Choice of Milk	
	st 14, 2018 August 15 st 21, 2018 August 22 st 28, 2018 August 25 RBROILED MEURGER Bun Brock Brickernel Corn di Fruit Cup (etchup	August 15, 2018 August 15, 2018 August 22, 2018 August 23, 20 August 29, 2018 August 30, 20 RBROILED MBURGER MBURGER MBURGER MEURGER Merinara Dipping Sauce Broccoli Dicad Peaches Choice of Milk Applessauce Cup BBQ Sauce

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

www.preferredmealsmenu.com | Contact Us: 1-800-466-0222 Ex. 3

Menu Development | Food & Equipment Delivery | Meal Preparation and Service | Merchandising & Promotions





SEPTEMBER

Lunch

KNAPP CHARTER ACADEMY

LNJ2 - Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
September 3, 2018	September 4, 2018	September 5, 2018	September 6, 2018	September 7, 2018
LABOR DAY	MINI CORN DOGS & CHICKEN FUN MIX ^ FFrench Fries Orange Sorbet 100% Juice Ketchup BBQ Sauce Choice of Milk	*NATIONAL CHEESE PIZZA DAYI* CHEESE PIZZA ^ Mixed Vegetables Diced Pears Choice of Milk	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Corn Fresh Fruit BBQ Sauce Choice of Milk	SPAGHETTI & MEATBALLS^ Green Beans DICED CHICKEN ENTREE SALAD Shredded Cheddar Cheese Romaine Salad Crunchy Celery Sticks Croutons ^ Light Italian Dressing Fresh Fruit Choice of Milk
September 10, 2018	September 11, 2018	September 12, 2018	September 13, 2018	September 14, 2018
CHICKEN STRIPS WISWEET POTATO PUFFS ^ Maple Baked Beans Applesauce Cup BBQ Sauce Ketchup Choice of Milk	BAGEL DOG ^ Mixed Vegetables Mustard Ketchup DICED CHICKEN ENTREE SALAD Shredded Cheddar Cheese Romaine Salad Crunchy Celery Sticks Croutons ^ Light Italian Dressing Breadstick ^ Blended Fruit Juice Choice of Milk	HOMESTYLE SALISBURY STEAK WIGRAVY Sliced Bread ^ Mashed Potatoes Baby Carrots Light Ranch Dressing Fresh Fruit Choice of Milk	CHEESE PIZZA ^ Broccoli Florets Light Ranch Dressing Mixed Fruit Cup Choice of Milk	BBQ CHICKEN Hamburger Bun ^ Corn DICED CHICKEN ENTREE SALAD Shredded Cheddar Cheese Romaine Salad Cucumber Coins Croutons ^ Light Italian Dressing Breadstick ^ Fresh Fruit Choice of Milk
September 17, 2018	September 18, 2018	September 19, 2018	September 20, 2018	September 21, 2018
CHICKEN DUNKERS W/PARMESAN MARINARA SAUCE ^ Green Beans Mixed Fruit Cup Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE ^ Syrup Golden Potato Rounds Ketchup DICED CHICKEN ENTREE SALAD Shredded Cheddar Cheese Romaine Salad Cucumber Coins Croutons ^ Light Italian Dressing Breadstick ^ Orange Juice Choice of Milk	PEPPERONI PIZZA ^ Romaine Salad Light Ranch Dressing Diced Peaches Choice of Milk	MAC & CHEESE ^ Mixed Vegetables Fresh Fruit Choice of Milk	CHARBROILED HAMBURGER Hamburger Bun ^ Maple Baked Beans Pickle Chips Mustard Ketchup DICED CHICKEN ENTREE SALAD Shredded Cheddar Cheese Romaine Salad Green Pepper Slices Croutons ^ Light Ranch Dressing Breadstick ^ Fresh Fruit Choice of Milk
September 24, 2018	September 25, 2018	September 26, 2018	September 27, 2018	September 28, 2018
PIZZA DIPPERS ^ Marinara Dipping Sauce Mixed Vegetables Applesauce Cup Choice of Milk	CHICKEN QUESO BURRITO ^ Salsa Cup Refried Beans DICED CHICKEN ENTREE SALAD Shredded Cheddar Cheese Romaine Salad Green Pepper Slices Croutons ^ Light Ranch Dressing Breadstick ^ Pineapple Tidbits Choice of Milk	RANCH TURKEY BURGER Hamburger Bun ^ Chipotle Ranch French Fries Fresh Fruit Ketchup Choice of Milk	*MAKE YOUR OWN SALAD DAY* POPCORN CHICKEN ^ BBQ Sauce Romaine Salad Cucumber Colins Light Ranch Dressing Orange Juice Choice of Milk	HOT DOG W POTATO ROUNDS Hot Dog Bun ^ Corn Mustard Ketchup DICED CHICKEN ENTREE SALAD Shredded Cheddar Cheese Romaine Salad Crunchy Celery Sticks Croutons ^ Light Ranch Dressing Fresh Fruit Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

Visit Us: preferredmeals.com Greferredmels

