



International Academy of Smyrna 26-27 Breakfast K-12
Breakfast

International Academy of Smyrna

Mon	Tue	Wed	Thu	Fri
8/3/2026	8/4/2026	8/5/2026	8/6/2026	8/7/2026
Breakfast Entrée Delicious Blueberry Muffin Cinnamon Toast Crunch Cereal Trix Cereal Cheerios Cereal	Breakfast Entrée Spicy Chicken Biscuit Twister Cinnamon Toast Crunch Cereal Trix Cereal Cheerios Cereal	Breakfast Entrée Cinnamon & Sugar Donut Holes Cinnamon Toast Crunch Cereal Trix Cereal Cheerios Cereal	Breakfast Entrée Banana Peach Smoothie Cinnamon Toast Crunch Cereal Trix Cereal Cheerios Cereal	Breakfast Entrée Scrambled Eggs w/ Cheese & Buttery Toast Cinnamon Toast Crunch Cereal Trix Cereal Cheerios Cereal
Fruit Fresh Apple 100% Fruit Punch Juice	Grain Golden Whole Grain Toast	Grain Whole Grain Honey Graham Crackers	Grain Golden Whole Grain Toast	Grain Whole Grain Honey Graham Crackers
Milk Fat Free Chocolate Milk Local 1% Low Fat White Milk Local	Fruit Fresh Orange 100% Apple Juice	Fruit Fresh Banana 100% Orange Juice	Fruit Fresh Orange Strawberry Craisins	Fruit Fresh Apple 100% Fruit Punch Juice
	Milk Fat Free Chocolate Milk Local 1% Low Fat White Milk Local	Milk Fat Free Chocolate Milk Local 1% Low Fat White Milk Local	Milk Fat Free Chocolate Milk Local 1% Low Fat White Milk Local	Milk Fat Free Chocolate Milk Local 1% Low Fat White Milk Local
8/10/2026	8/11/2026	8/12/2026	8/13/2026	8/14/2026
Breakfast Entrée Fluffy Belgian Waffles Cinnamon Toast Crunch Cereal Trix Cereal Honey Cheerios Cereal	Breakfast Entrée Apple Crisp Overnight Oats Cinnamon Toast Crunch Cereal Trix Cereal Honey Cheerios Cereal	Breakfast Entrée Savory Biscuit & Gravy Cinnamon Toast Crunch Cereal Trix Cereal Honey Cheerios Cereal	Breakfast Entrée Berry Scone Cinnamon Toast Crunch Cereal Trix Cereal Honey Cheerios Cereal	Breakfast Entrée Creamy Grits & Turkey Sausage Cinnamon Toast Crunch Cereal Trix Cereal Honey Cheerios Cereal
Fruit Peach Melba Compote Fresh Orange 100% Apple Juice	Grain Golden Whole Grain Toast	Grain Whole Grain Honey Graham Crackers	Grain Golden Whole Grain Toast	Grain Whole Grain Honey Graham Crackers
Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Fruit Fresh Banana 100% Orange Juice	Fruit Fresh Apple 100% Fruit Punch Juice	Fruit Fresh Banana 100% Orange Juice	Fruit Fresh Orange 100% Apple Juice
Misc Maple Syrup Cup	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local



Mon	Tue	Wed	Thu	Fri
8/17/2026	8/18/2026	8/19/2026	8/20/2026	8/21/2026
Breakfast Entrée Turkey Ham & Cheese Biscuit Sandwich Cinnamon Toast Crunch Cereal Cocoa Puffs Cereal Lucky Charms Cereal Fruit Fresh Apple 100% Fruit Punch Juice Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Early Riser Stuffed Hash Brown Cinnamon Toast Crunch Cereal Cocoa Puffs Cereal Lucky Charms Cereal Grain Golden Whole Grain Toast Fruit Fresh Orange 100% Apple Juice Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local Misc Jelly Packet	Breakfast Entrée Fluffy Pancakes Cinnamon Toast Crunch Cereal Cocoa Puffs Cereal Lucky Charms Cereal Grain Whole Grain Honey Graham Crackers Fruit Fresh Apple 100% Orange Juice Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local Misc Maple Syrup Cup	Breakfast Entrée Maple Pigs in a Blanket Cinnamon Toast Crunch Cereal Cocoa Puffs Cereal Lucky Charms Cereal Grain Golden Whole Grain Toast Fruit Fresh Orange 100% Fruit Punch Juice Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Sausage & Cheese Cinnamon Roll Sandwich Cinnamon Toast Crunch Cereal Cocoa Puffs Cereal Lucky Charms Cereal Grain Whole Grain Honey Graham Crackers Fruit 100% Apple Juice Fresh Banana Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local
8/24/2026	8/25/2026	8/26/2026	8/27/2026	8/28/2026
Breakfast Entrée Cinnamon Apple Toast Crunch Parfait Cinnamon Toast Crunch Cereal Cocoa Puffs Cereal Frosted Corn Flakes Cereal Fruit Fresh Banana 100% Orange Juice Milk Fat Free Chocolate Milk Local 1% Low Fat White Milk Local	Breakfast Entrée Cheesy Grits w/Sausage & Toast Cinnamon Toast Crunch Cereal Cocoa Puffs Cereal Frosted Corn Flakes Cereal Grain Golden Whole Grain Toast Fruit Fresh Apple 100% Fruit Punch Juice Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Homemade Hawaiian Roll Ham & Cheese Kolache Cinnamon Toast Crunch Cereal Cocoa Puffs Cereal Frosted Corn Flakes Cereal Grain Whole Grain Honey Graham Crackers Fruit 100% Apple Juice Fresh Orange Milk Fat Free Chocolate Milk Local 1% Low Fat White Milk Local	Breakfast Entrée Scratch-Made French Toast Casserole Cinnamon Toast Crunch Cereal Cocoa Puffs Cereal Frosted Corn Flakes Cereal Grain Golden Whole Grain Toast Fruit Fresh Apple 100% Fruit Punch Juice Milk Fat Free Chocolate Milk Local 1% Low Fat White Milk Local Misc Maple Syrup Cup	Breakfast Entrée Honey Chicken Biscuit Cinnamon Toast Crunch Cereal Cocoa Puffs Cereal Frosted Corn Flakes Cereal Grain Whole Grain Honey Graham Crackers Fruit Fresh Banana 100% Orange Juice Milk Fat Free Chocolate Milk Local 1% Low Fat White Milk Local



Mon	Tue	Wed	Thu	Fri
8/31/2026	9/1/2026	9/2/2026	9/3/2026	9/4/2026
Breakfast Entrée Delicious Blueberry Muffin Cinnamon Toast Crunch Cereal Trix Cereal Cheerios Cereal	Breakfast Entrée Spicy Chicken Biscuit Twister Cinnamon Toast Crunch Cereal Trix Cereal Cheerios Cereal	Breakfast Entrée Cinnamon & Sugar Donut Holes Cinnamon Toast Crunch Cereal Trix Cereal Cheerios Cereal	Breakfast Entrée Banana Peach Smoothie Cinnamon Toast Crunch Cereal Trix Cereal Cheerios Cereal	Breakfast Entrée Scrambled Eggs w/ Cheese & Buttery Toast Cinnamon Toast Crunch Cereal Trix Cereal Cheerios Cereal
Fruit Fresh Apple 100% Fruit Punch Juice	Grain Golden Whole Grain Toast	Grain Whole Grain Honey Graham Crackers	Grain Golden Whole Grain Toast	Grain Whole Grain Honey Graham Crackers
Milk Fat Free Chocolate Milk Local 1% Low Fat White Milk Local	Fruit Fresh Orange 100% Apple Juice	Fruit Fresh Banana 100% Orange Juice	Fruit Fresh Orange Strawberry Craisins	Fruit Fresh Apple 100% Fruit Punch Juice
	Milk Fat Free Chocolate Milk Local 1% Low Fat White Milk Local	Milk Fat Free Chocolate Milk Local 1% Low Fat White Milk Local	Milk Fat Free Chocolate Milk Local 1% Low Fat White Milk Local	Milk Fat Free Chocolate Milk Local 1% Low Fat White Milk Local

International Academy of Smyrna 26-27 Lunch K-5
Lunch

International Academy of Smyrna

Mon	Tue	Wed	Thu	Fri
8/3/2026	8/4/2026	8/5/2026	8/6/2026	8/7/2026
Lunch Entrée Southern Chicken & Dumplings Hot Dog (Pork-Free) Country Fried Steak w/ Biscuit	Lunch Entrée Classic Chicken Enchiladas Cheese Quesadilla Chicken Taco Salad	Lunch Entrée Cheesy Meatball Sub Cheesy Chicken Tender Sliders Veggie Ranch Wrap	Lunch Entrée Brunch 4 Lunch- Country Biscuits & Gravy w/Sausage Cinnamon Roll & Scramble Egg Sunbutter & Jelly Sandwich w/ String Cheese	Lunch Entrée Delicious Cheese Pizza Fresh Turkey & Cheese Sub Bacon Ranch Pizza
Vegetables Savory Southern Collard Greens Fresh Baby Carrots Fresh Broccoli Florets Fresh-Cut Cucumber Slices	Vegetables Southwest Black Beans with Corn Fresh-Cut Cucumber Slices Fresh Baby Carrots Fresh Salsa	Vegetables Buttery Steamed Corn Fresh Baby Carrots Fresh Broccoli Florets Green Bell Pepper	Vegetables Hash Brown Tater Bucks Fresh Baby Carrots Green Bell Pepper Fresh Celery Sticks	Vegetables Italian Veggie Blend Fresh Baby Carrots Fresh Broccoli Florets Fresh-Cut Cucumber Slices
Fruit Fresh Apple Sweet Diced Peaches	Fruit Diced Pears Fresh Orange	Fruit Mandarin Oranges Fresh Apple	Fruit Unsweetened Applesauce Fresh Orange	Fruit Juicy Pineapple Tidbits Fresh Apple
Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local
Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing Savory Beef Gravy	Misc Creamy Ranch Dressing	Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing	Misc Ketchup Packet Creamy Ranch Dressing	Misc Creamy Ranch Dressing Ketchup Packet Mustard Packet



Mon	Tue	Wed	Thu	Fri
8/10/2026	8/11/2026	8/12/2026	8/13/2026	8/14/2026
Lunch Entrée Spaghetti Marinara w/Meatballs Fish Patty Sandwich Spinach & Black Bean Wrap	Lunch Entrée Grande Cheesy Nachos Classic Hamburger Fresh Turkey & Cheese Sub	Lunch Entrée BBQ Diced Chicken Sandwich Chicken Nuggets w/Roll Vegetarian Chik'n Nuggets w/Roll Garden Salad w/ Egg, Croutons, & Roll	Lunch Entrée Homemade Meatloaf w/ WG Roll Grilled Cheese Sandwich Chef Salad w/Crackers	Lunch Entrée Delicious Cheese Pizza Classic Pepperoni Pizza Turkey & Cheese Wrap
Vegetables Fresh Steamed Broccoli Fresh Celery Sticks Fresh Baby Carrots Green Bell Pepper	Vegetables Seasoned Mexican Black Beans Fresh Baby Carrots Fresh Tomato Wedges Fresh Cucumber with Zesty Lemon & Chili Fresh Salsa	Vegetables Mashed Potatoes Fresh Baby Carrots Green Bell Pepper Creamy Coleslaw	Vegetables Southern Green Beans Fresh Broccoli Florets Fresh Baby Carrots Fresh Tomato Wedges	Vegetables Italian Veggie Blend Fresh Kale & Spinach Salad Mix Fresh Baby Carrots Fresh Celery Sticks
Fruit Sweet Diced Peaches Fresh Orange	Fruit Unsweetened Applesauce Fresh Banana	Fruit Juicy Pineapple Tidbits Fresh Apple	Fruit Cinnamon Applesauce Fresh Banana	Fruit Diced Pears Fresh Apple
Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local
Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing	Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing	Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing Savory Chicken Gravy	Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing Savory Beef Gravy	Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing
Condiments Tartar Sauce				



Mon	Tue	Wed	Thu	Fri
8/17/2026	8/18/2026	8/19/2026	8/20/2026	8/21/2026
Lunch Entrée Crispy Oven Baked Bone In Chicken w/ Fluffy Biscuit Golden Chicken Corn Dog Turkey Ham & Cheese Sandwich	Lunch Entrée Crispy Beefy Tacos Cheesy Nachos Fresh Turkey & Cheese Sub	Lunch Entrée Down Home Chicken & Waffles Crispy Chicken Patty Sandwich Seasoned Red Beans & Rice	Lunch Entrée Orange Chicken w/Garlic Sesame Lo Mein Creamy Macaroni & Cheese Fresh Turkey & Cheese Sub	Lunch Entrée Delicious Cheese Pizza Hot Honey Pepperoni Pizza Chicken Caesar Wrap
Vegetables Southern Braised Cabbage Fresh Baby Carrots Fresh Broccoli Florets Homemade Potato Salad	Vegetables Mexican Pinto Beans Fresh Salsa Fresh-Cut Cucumber Slices Fresh Baby Carrots	Vegetables Southern Seasoned Black Eyed Peas Fresh Baby Carrots Fresh Broccoli Florets Fresh Cucumber with Zesty Lemon & Chili	Grain Whole Wheat Dinner Roll	Vegetables Fresh Steamed Broccoli Fresh Romaine & Spinach Salad w/Tomato Fresh Baby Carrots Fresh Cauliflower
Fruit Sweet Mixed Fruit Fresh Orange	Fruit Juicy Pineapple Tidbits Fresh Orange	Fruit Fresh Apple Diced Pears	Fruit Mandarin Oranges Fresh Banana	Fruit Cinnamon Applesauce Fresh Orange
Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local
Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing	Misc Mustard Packet Creamy Ranch Dressing	Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing	Misc Mustard Packet Creamy Ranch Dressing	Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing



Mon	Tue	Wed	Thu	Fri
8/24/2026	8/25/2026	8/26/2026	8/27/2026	8/28/2026
Lunch Entrée BBQ Diced Chicken Sandwich Chicken Nuggets w/Macaroni & Cheese Crispy Vegetarian Chik'n Nuggets w/Macaroni & Cheese Turkey & Cheese Wrap	Lunch Entrée Ground Beef Soft Flour Tacos Cornmeal Crusted Fish Sticks w/Roll Elvis Wrap	Lunch Entrée Nashville Hot Chicken Sliders on Hawaiian Rolls Sweet & Smokey Vegetarian Sloppy Joe Sandwich Turkey & Cheese Wrap	Lunch Entrée Mini Chicken Corndogs Cheese Stuffed Breadsticks w/Marinara Crispy Popcorn Chicken Wrap	Lunch Entrée Classic Pepperoni Pizza Delicious Cheese Pizza Jumbo Cheese Ravioli w/Breadstick
Vegetables Southern Green Beans Fresh-Cut Cucumber Slices Fresh Baby Carrots Fresh Broccoli Florets	Meat/Meat Alternate String Cheese	Vegetables Vegetarian Baked Beans Fresh Baby Carrots Fresh Broccoli Florets Fresh-Cut Cucumber Slices	Vegetables Seasoned Oven Roasted Cauliflower Fresh-Cut Cucumber Slices Fresh Baby Carrots Green Bell Pepper	Vegetables Zingy Crinkle Fries Fresh Baby Carrots Fresh Celery Sticks Fresh Broccoli Florets
Fruit Fresh Orange Fruit Cocktail	Fruit Cinnamon Applesauce Fresh Banana	Fruit Sweet Diced Peaches Fresh Apple	Fruit Unsweetened Applesauce Fresh Banana	Fruit Diced Pears Fresh Apple
Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local
Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing	Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing	Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing	Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing	Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing



Mon	Tue	Wed	Thu	Fri
8/31/2026	9/1/2026	9/2/2026	9/3/2026	9/4/2026
Lunch Entrée Southern Chicken & Dumplings Hot Dog (Pork-Free) Country Fried Steak w/ Biscuit	Lunch Entrée Classic Chicken Enchiladas Cheese Quesadilla Chicken Taco Salad	Lunch Entrée Cheesy Meatball Sub Cheesy Chicken Tender Sliders Veggie Ranch Wrap	Lunch Entrée Brunch 4 Lunch- Country Biscuits & Gravy w/Sausage Cinnamon Roll & Scramble Egg Sunbutter & Jelly Sandwich w/ String Cheese	Lunch Entrée Delicious Cheese Pizza Fresh Turkey & Cheese Sub Bacon Ranch Pizza
Vegetables Savory Southern Collard Greens Fresh Baby Carrots Fresh Broccoli Florets Fresh-Cut Cucumber Slices	Vegetables Southwest Black Beans with Corn Fresh-Cut Cucumber Slices Fresh Baby Carrots Fresh Salsa	Vegetables Buttery Steamed Corn Fresh Baby Carrots Fresh Broccoli Florets Green Bell Pepper	Vegetables Hash Brown Tater Bucks Fresh Baby Carrots Green Bell Pepper Fresh Celery Sticks	Vegetables Italian Veggie Blend Fresh Baby Carrots Fresh Broccoli Florets Fresh-Cut Cucumber Slices
Fruit Fresh Apple Sweet Diced Peaches	Fruit Diced Pears Fresh Orange	Fruit Mandarin Oranges Fresh Apple	Fruit Unsweetened Applesauce Fresh Orange	Fruit Juicy Pineapple Tidbits Fresh Apple
Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local
Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing Savory Beef Gravy	Misc Creamy Ranch Dressing	Misc Ketchup Packet Mustard Packet Creamy Ranch Dressing	Misc Ketchup Packet Creamy Ranch Dressing	Misc Creamy Ranch Dressing Ketchup Packet Mustard Packet

International Academy of Smyrna 26-27 Snack
Snack

International Academy of Smyrna

Mon	Tue	Wed	Thu	Fri
8/3/2026	8/4/2026	8/5/2026	8/6/2026	8/7/2026
Grain Chocolate Scooby-Doo	Grain Goldfish Crackers	Grain Heartzels Pretzels	Breakfast Entrée Delicious Blueberry Muffin	Grain Animal Crackers
Milk 1% Low Fat White Milk Local	Fruit Fresh Orange Slices	Vegetables Fresh Baby Carrots	Milk 1% Low Fat White Milk Local	Milk Fat Free Chocolate Milk Local
		Misc Creamy Ranch Dressing		
8/10/2026	8/11/2026	8/12/2026	8/13/2026	8/14/2026
Grain Tiger Bite Graham Crackers	Breakfast Entrée Cocoa Puffs Cereal	Grain Goldfish Crackers	Grain Whole Grain Honey Graham Crackers	Grain Vanilla Teddy Grahams
Meat/Meat Alternate String Cheese	Milk 1% Low Fat White Milk Local	Fruit Fresh Sliced Apples	Milk 1% Low Fat White Milk Local	Fruit Fresh Orange Slices
8/17/2026	8/18/2026	8/19/2026	8/20/2026	8/21/2026
Grain Honey Bunny Grahams	Breakfast Entrée Fluffy Banana Muffin	Grain Chocolate Scooby-Doo	Fruit Fresh Red Apple	Grain Cheez-It Crackers
Milk Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local	Vegetables Fresh Baby Carrots	Milk 1% Low Fat White Milk Local	Meat/Meat Alternate String Cheese
		Misc Creamy Ranch Dressing		
8/24/2026	8/25/2026	8/26/2026	8/27/2026	8/28/2026
Breakfast Entrée Strawberry Banana Yogurt Cup	Grain Goldfish Crackers	Grain Honey Bunny Grahams	Grain Tiger Bite Graham Crackers	Grain Cheez-It Crackers
Grain Whole Grain Honey Graham Crackers	Fruit Fresh Orange Slices	Milk 1% Low Fat White Milk Local	Milk 1% Low Fat White Milk Local	Fruit Fresh Red Apple



Mon	Tue	Wed	Thu	Fri
8/31/2026	9/1/2026	9/2/2026	9/3/2026	9/4/2026
Grain Chocolate Scooby-Doo	Grain Goldfish Crackers	Grain Heartzels Pretzels	Breakfast Entrée Delicious Blueberry Muffin	Grain Animal Crackers
Milk 1% Low Fat White Milk Local	Fruit Fresh Orange Slices	Vegetables Fresh Baby Carrots	Milk 1% Low Fat White Milk Local	Milk Fat Free Chocolate Milk Local
		Misc Creamy Ranch Dressing		

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 8/2/2026, End = 9/5/2026)
Menu Plan	(International Academy of Smyrna 26-27 Breakfast K-12, International Academy of Smyrna 26-27 Snack, International Academy of Smyrna 26-27 Lunch K-5)