

HS Track Schedule

Date	Meet	Location	Time
3/7	N. Stokes Jamboree	N. Stokes HS	10:00
3/12	Forsyth Country Day	FCD HS	4:00
3/18	Conference (Millennium host) Millennium, Phoenix, NCLA,	N. Stokes HS	4:00
3/25	Conference (Phoenix host) Millennium, Phoenix, Cornerstone, Piedmont Classical	N. Stokes HS	4:00
3/28	Mighty Viking Invite	N. Stokes HS	10:00
3/30-4/6	SPRING BREAK		
4/9	Forsyth Country Day	FCD HS	4:00
4/18	Seahawk HS invite	UNCW	10:00
4/22	Forsyth Country Day	FCD HS	4:00
4/30	Conference Championship	N. Stokes HS	12:00
		Coaches meeting @ 11:15	
5/8	1A Regional Champs.	South Davidson HS	
		9:15 coaches meeting	
		10:00 field events	
		10:30 4x8 & prelims	
		12:30 running finals	
5/13	1A State Championships	Durham County Stadium	10:00