

## CROSS COUNTRY MS & HS SCHEDULE

DATE	TEAM	LOCATION	TIME
8/26	River Run Invite	Fisher River Park	HS @ 9:00(B), 9:30(G), open@10:00 MS @ 10:30(B) & 10:55(G)
8/31	Northwest Invite	Ivey Redmon	MS @ 5:00, HS @ 6:00
9/5	Ragsdale (HS only)	Ivey Redmon	4:30
9/11	GSO Gladiators	Ivey Redmon	4:00
9/13	FCD	Forsyth Country Day	4:00
9/18	Summit (MS only)	Ivey Redmon	4:30
9/26	FHE	Ivey Redmon	4:00
10/9	Ragsdale/OLG	Ivey Redmon	HS @ 5:00, MS @ 6:00
10/11	MS Conf. Championships	Ivey Redmon	3:00
10/14	NC Runners Invite	Ivey Redmon	all day

**Note: MS runs before HS.**

Ivey Redmon Park:  
808 Beeson Rd.  
Kernersville, NC 27284

Fisher River Park:  
251 County Home Rd,  
Dobson, NC 27017

**Forsyth Country Day**  
5501 Shallowford Rd.  
Lewisville, 27023