



March 2012

Walton Charter Academy



Preferred Meal Systems, Inc.
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4-12 TRADITIONAL

Monday	Tuesday	Wednesday	Thursday	Friday
			CRISPY CHICKEN FILLET (WHOLE GRAIN) Garden Vegetables Fresh Banana Hamburger Bun Mini Pretzels	CHEESE PIZZA DIPPERS Marinara Dipping Sauce OR ENTREE SALAD Baby Carrots Peach Cup Cherry Muffin
ROTINI PASTA BAKE (WHOLE WHEAT) Green Garden Peas Orange Juice Bar	ORANGE GLAZED CHICKEN W/BROWN RICE & VEGETABLES OR ENTREE SALAD Pineapple Cup Soft Breadstick	PEPPERONI PISA PIZZA (WHOLE WHEAT) Fresh Baby Carrots Applesauce Cup	MINI CORN DOG & CHICKEN FUN MIX W/POTATOES Fresh Apple Corn Muffin	ZESTY VEGETARIAN CHILI W/ POTATO BAKE OR ENTREE SALAD Soft Breadstick Fresh Banana WG Tortilla Rounds
CHICKEN TENDERS (Whole Grain) W/POTATO WEDGES Cinnamon Apples	HOMESTYLE SALISBURY STEAK W/GRAVY OR ENTREE SALAD Mashed Potatoes Hamburger Bun Soft Breadstick Mixed Fruit Cup Oatmeal Cookie	ITALIAN CHICKEN PARMESAN (WHOLE GRAIN) Green Garden Peas Fresh Orange Hamburger Bun	BEEF SAUSAGE PIZZA (WHOLE WHEAT) Tossed Salad Grape Juice	MACARONI & CHEESE (WHOLE WHEAT) OR ENTREE SALAD Garden Vegetables Soft Breadstick Fresh Pear Shortbread Cookies
BAKED CHICKEN NUGGETS(WHOLE GRAIN) Maple Baked Beans Peach Cup	SLOPPY JOE OR ENTREE SALAD Buttered Corn Hamburger Bun Soft Breadstick Grape Juice Fritos	HOT DOG FRENCH FRIES Fresh Banana Hot Dog Bun Cinnamon Sky Cookies	CHICKEN & PASTA FUN SHAPES W/ MARINARA & VEGETABLES Fresh Pear Corn Muffin	CHEESE PIZZA DIPPERS Marinara Dipping Sauce OR ENTREE SALAD Fresh Baby Carrots Soft Breadstick Pineapple Cup
CHICKEN TENDERS (Whole Grain) W/POTATO WEDGES Mixed Fruit Cup Mini Pretzels	CHARBROILED HAMBURGER OR ENTREE SALAD Whole Kernel Corn Hamburger Bun Soft Breadstick Blended Fruit Juice	PEPPERONI PISA PIZZA (WHOLE WHEAT) Fresh Baby Carrots Pineapple Cup	SPAGHETTI (WHOLE WHEAT) W/ MEAT SAUCE Garden Vegetables Fresh Pear Soft Breadstick	Chefs Choice

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS.

***HEALTHY BREAD BASKET AVAILABLE DAILY.

***MENU SUBJECT TO CHANGE.



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Introducing
HEALTHY BREAD BASKET
on your
LUNCH MENUS

**Offering a delicious serving of
multi grain bread.**

**New Regulations for 2012-13 require more
whole grains on menus. This variety of whole
grain breads will introduce students to
new healthy choices.**

